



[Isaiah 40:27-31](#)

In His infinite wisdom God knows that our strength is limited and is willing to share his strength and power with us. Whether that weariness is due to physical weakness or the strain of life's circumstances, God delights in strengthening us because when we appropriate His strength then his power is made evident.

So, we “*wait for the Lord.*” This is not a passive kind of waiting. ***Wait*** comes from a word which means to wind or twist as in a piece of rope. So those whose strength is renewed are those who hold onto the rope of God's presence and power.

The anchor for our souls is the finished work of Christ. Christ has brought us into a relationship with our Creator. In meeting our deepest need for forgiveness Christ has brought us to our Creator who, alone, is able to meet all our needs.

Thank God for Jesus and wait for the Lord. Hold onto Him in hope and you will know the kind of strength that will enable you to run with confidence.