



Abraham Lincoln is credited with saying: "The best thing about the future is that it comes only one day at a time." Paul through the inspiration of the Holy Spirit said: "do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. ⁷ And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus."

In my experience, anxiety is at it's worst when I'm contemplating all the days down the road at one time. We have been thinking about many days down the road a lot these past few weeks. When that is all we watch and think about, anxiety gains a foothold. What is God's answer to what we are going through? Prayer and supplication with a grateful heart to an all-powerful God, who will give us in abundance, peaceful lives in the midst of chaos.